



Loudwater Combined School

Learn, Create, Succeed

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LOUDWATER NEWSLETTER

Friday 26th April 2019

Dear Parents,

Important Calendar Dates

Saturday April 27th - Netball Tournament – Kingsmead Netball Courts

Tuesday 30th April – Y6 Values Assembly – 9.00am

Tuesday April 30th and Thursday May 2nd – Parent Consultation Evenings FS – Y5

Wednesday 1st May – Information meeting – Y1 & Y2 Home Learning Activities

Thursday May 2nd – Open Day 9.00-10.00 & 2.00-3.00

U-Sports' After School Clubs restart from Monday 29th April 2019 (Details Attached)

Home Learning, Choir, Radio, Year 5 & 6 Football and Netball also resume this week.

House Captains

Today, in assembly the House Captains and Vice Captains for the summer term were announced:

	House Captain	Vice Captains
Elgar	Pia	Angel & Macy
Beethoven	Gabrielle	Tishanna & Francesca
Mozart	Eleanor	Shay
Tchaikovsky	Ashley	Louie

Book Recommendation

In March, during the week of world book day all of the teachers chose a book they had enjoyed to recommend to the children. This was really well received by the children so we have decided to make one recommendation each week in our Friday Achievement assemblies. This week's recommendation was from Mrs Cunningham for 'Jennie' by Paul Gallico. The recommendation can be found at the end of the newsletter and will be a regular addition to the newsletter.

FOLS Great Easter Egg Swap

During the week before Easter we requested the children bring in an item that would be particularly useful to the One Can Trust. On the last Friday all those who brought in an item received an Easter Egg as thanks for your support. The donated items have been delivered to the One Can depot in High Wycombe and we have been asked to convey their many thanks to all our children, well done.

Photographs

We have a change of date for the class photographs. We will be expecting Mr Cliff Harris on July 1st 2019. Mr Harris has confirmed that this will be ample time to distribute the photos before the end of term. All orders will of course be dealt with via the online order service.

Yours faithfully

Clare Cunningham

Mrs C Cunningham
Head teacher

Newsletter

As you are aware we have moved to sending out our newsletter via email. Due to the GDPR, we are only able to continue sending out to those of you who have agreed, by email, for us to do so. If you know of anyone not receiving their weekly newsletter please make them aware of this procedure.

Disclaimer

From time to time we are asked by a range of organisations to give out leaflets. We always agree if we think this could be of interest or benefit to the children. However we do not endorse any of these organisations and parents should always check their credentials carefully to make sure children would be safe and well looked after.

LOUDWATER COMBINED SCHOOL
Calendar of events for 2018-19

<p style="text-align: center;"><u>April</u></p> <p>27th Netball Tournament – Kingsmead Netball Courts 30th & 2nd Parent/Teacher Consultations (FS-Y5)</p>	<p style="text-align: center;"><u>May</u></p> <p>1st Coffee Morning with Jackie Boyce 3.00 Home Learning Meeting for Y1 & Y2 parents 2nd Open Day (9.30 – 10.30 & 2.00 – 3.00) 2nd Anxiety Course with Jackie Boyce 30th & 2nd Parent/Teacher Consultations (FS-Y5) 6th Bank Holiday 9th May Anxiety Course with Jackie Boyce 13th Year 6 SATs Week 16th May Anxiety Course with Jackie Boyce 20th Year 5 Assessment Week 23rd Anxiety Course with Jackie Boyce 24th School Closed Training Day for teachers 27th – 31st Half term break</p>
<p style="text-align: center;"><u>June</u></p> <p>3rd Children return to School</p> <p>5th Coffee Morning with Jackie Boyce 6th – 10th Science Week – Kew Gardens visit 6th Open Day (9.30 – 10.30 & 2.00 – 3.00) 11th – 14th Year 6 Green Park Residential 28th School closed training day for teachers</p>	<p style="text-align: center;"><u>July</u></p> <p>3rd Coffee Morning with Jackie Boyce 1st – 5th Assessment Week Y1, Y3 & Y4 2nd Secondary School Induction Day (Y6) New Parents Meeting 5th Annual Reports to Parents 12th Sports Day – Greek Theme 17th Reserve Sports Day 23rd 7.00pm Y6 Leavers Production 24th 9.30am Y6 Leavers Presentation Assembly 24th School closes at 2pm for summer break</p>
<p style="text-align: center;"><u>Values Assemblies</u></p> <p>All Start at 9.05am 30th April - Kindness Y6 23rd May - Collaboration Y1 27th June - Respect Y5 18th July - Happiness FS</p>	

Weekly Book Recommendation



This is a book you will really enjoy if, like me, you adore cats. Just imagine that one day you wake up and find that you are no longer a child but a cat! Suddenly the world is a very different place and you have lots of new things to learn. This is what happens to Peter, but luckily he soon meets Jennie, a beautiful silver tabby, who can help him learn to survive in his new environment. However, Peter is also able to help Jennie because although he is now a cat he can understand what humans say and can read. Together they have some interesting experiences and adventures.

This book was written over seventy years ago, which means that some of the language used is different to the way we might speak today. What really comes through in the book is how important our school values are; particularly kindness, empathy, respect, love and self-belief. I think that anyone in key stage two would enjoy this book.

Have a read and let me know what you think.

Mrs Cunningham

Parents Anxiety Course

Overcoming your child's fears and worries

Is your child struggling with anxieties?

Would you like you and your child to be able to take back control of your lives?

This practical course sets out to help you identify the patterns or cycles that you and/or your child may have got stuck in and equipping you with additional skills and strategies either to break these cycles or prevent them from occurring.



This is a 5 week course, 2 hours per week, we aim to create a safe, non-judgemental and supportive environment for you to learn and share experiences.

Course dates

Thursdays 9.15am to 11.30am

2nd May 9th May 16th May 23rd May

If you have any questions or would like to book onto this course please contact

Jackie Boyce Family
Support Advisor through
the School Office on
01494 524919



WORRIER POSE

Gemma CORRELL

Coffee Mornings



Come and join me, Jackie, for an informal chat over a coffee at Loudwater School on the first Wednesday of every month from 9am to 10am.

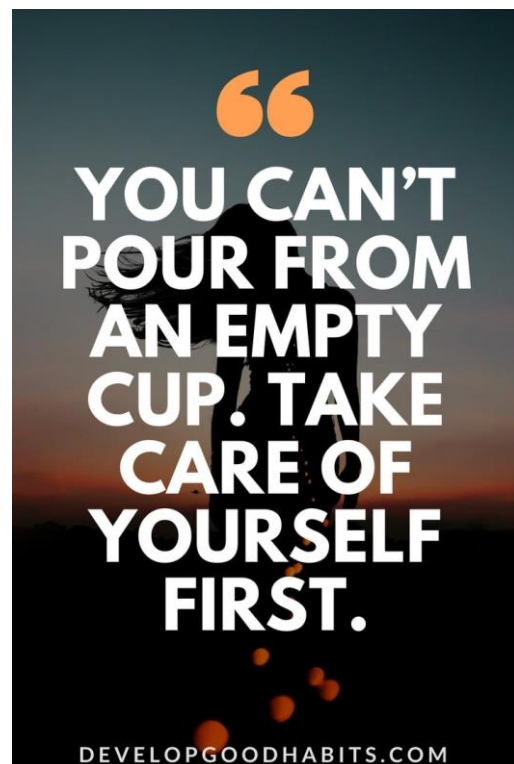
May 1st June 5th July 3rd

First Session 1st May **Self Care**

It's easy to get caught up in the continuous cycle of work, sleep, and more work. After a while, your body screams in protest and demands you pay attention to its needs. Your body and mind deserve some rest. In just a few minutes a day you can find small ways to take care of yourself that don't cut into your busy schedule.

Here are 10+ ways to take care of yourself every day.

1. Exercise your body for a happy mind.
2. Quick morning meditation
3. Read a book or a magazine.
4. Call an old friend.
5. Schedule time for yourself.
6. Unplug from technology.
7. Take a pre-made meal to eat for lunch.
8. Get enough sleep.
9. Make your weekend about you, not work.
10. Remind yourself that you are fabulous.



**For more information contact me through the School office,
Jackie Boyce Family Support Advisor**

Calm down and have some fun



Learn calm down, relaxation and breathing techniques you can use with your children to help them better manage their emotions.

Mindfulness delivered in a fun and accessible way.

Ideas and activities for helping children (and adults!) to calm down
Stories, Craft, Songs, Music, Drawing, Imagination, Physical exercise, Nature

Where: Loudwater School

When: Wednesdays starting 1st May

What time: 3.30pm to 4.00pm

You can't calm the storm,
so stop trying.
What you can do is
calm yourself.
The storm will pass.



For more information contact Jackie Boyce Family Support Advisor
through the School office 01494 524919

Loudwater - Summer 2019 Clubs

Dear Parents/Guardians,

uSports are pleased to announce that we will be delivering the following after-school clubs at Loudwater Combined School for the Summer term.

Football:

- Year 3-6 | Wednesdays | 3.15 – 4.30 | 11 sessions
- Year 1-2 | Thursdays | 3.15 – 4.30 | 12 sessions

Indoor Archery:

- Year 1-2 | Tuesdays | 3.15 – 4.30 | 11 Sessions
- Year 3-6 | Thursdays | 3.15 – 4.30 | 12 sessions

Summer Multi Sports: Including; Rounders, Cricket, Tennis and Athletics

- Year 1-2 Wednesdays | 3.15 – 4.30pm | 12 sessions

Athletics:

- Year 3-6 | Tuesdays | 3.15 – 4.30 | 11 Sessions

Table Tennis:

- Year 3-6 | Mondays | 3.15 – 4.30 | 11 Sessions

Prices:

After school clubs | £5.25 per session

All bookings can be made by:

1. Going to 2019 <https://usports.class4kids.co.uk/term/92>
2. Scroll down to Loudwater Clubs
3. Click 'Book now' – This will take you to our bookings page
4. Find the club for your child/children
5. Add your child's details
6. Pay (booking will not be confirmed until payment is made)