



Dear Parent,

Bikeability Level 2 cycle training at: Loudwater School

A cycle training course will be run at the school on: 28th 29th and 30th November.
This course is part funded by Bucks County Council and open to Years 5 and 6

Level 2 Bikeability takes place on local roads, giving your child a real cycling experience. Children will be taught how to deal with traffic on short journeys. Once they have completed their Bikeability Level 2 and awarded the orange badge, they will be able to:

- Start and finish a journey by road, including passing parked or slower moving vehicles and side roads
- Make a u-turn
- Identify and react to hazards in the road
- Signal your intentions to other road users when someone needs to know what you're doing
- Understand where to ride on the road
- Use junctions, including turning left and right into major and minor roads
- Decide whether a cycle lane will help your journey
- Use the Highway Code, particularly when it comes to understanding road signs

Before undertaking this course your child will need to be able to cycle one handed (to signal) confidently and without wobbling.

THIS IS ESSENTIAL SINCE WE WILL BE TAKING THEM ON THE ROADS.

Your child's bike must be roadworthy and have TWO working brakes.

For more details about courses and some useful information regarding helmets, bike sizing etc; please visit our web site at www.spokesci.com

The cost of the course is £10 per child. If you would like your child to take part, please sign and return the enclosed consent form. Payment of £10 per child to be made through the gateway in the normal way.

Should you have any further questions, please contact us on the e-mail address below.

Kind regards

BeSpoke Cycling Instruction Ltd
07999 210032
spokesci@gmail.com

