



**Loudwater Combined School**

*Learn, Create, Succeed*

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## LOUDWATER UPDATE

Friday 17th April 2020

Dear Parents,

Thank-you to everyone who has sent in pictures of children working at home, learning new skills or spending time outside. Please keep them coming; those we have already received can be found here:

[http://www.loudwater.bucks.sch.uk/website/school\\_closure\\_-\\_learning\\_at\\_home/466306](http://www.loudwater.bucks.sch.uk/website/school_closure_-_learning_at_home/466306)

### School Closure – Home Learning Resources

From Monday teachers will be setting work and updating the class page on e-schools. We are working towards finding an effective way that the children can submit work to their teachers once completed and receive feedback. When we are sure of how this will work, more information will be posted on the class page of e-schools.

It has been brought to our attention that printing resources for your children from the class pages has been causing an added stress to some of you. This has certainly not been our intention. As of Monday 20th April teaching packs will be made available for you to collect from school. If you would like these packs printed out please email the office and they will be able to arrange a time and place for collection. The resources will still be on the class pages too.

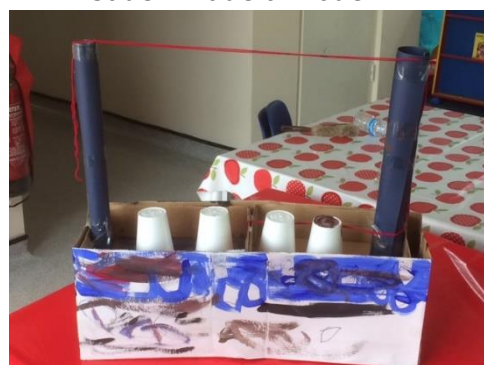
As well as the work set by the teachers could we also recommend that you sign up to The Maths Factor, this has been created by Carol Vorderman and features video lessons and practice activities. During this period of school closure this website is free to access, you just need to sign up. <https://www.themathsfactor.com/>

### Some of the learning that took place in school this week was around the theme of the Titanic

Lisa and Ryan made a collage.



Jaden made a model



Our theme for learning in school next week will be based around St George and Shakespeare. St George's day is 23<sup>rd</sup> April and it is believed that that this was also the day that Shakespeare was born. We will also be recognising that 24<sup>th</sup> April is the start of Ramadan.



## **E-Safety**

There have been further updates to the E-safety section of the school website, which can be found at: [http://www.loudwater.bucks.sch.uk/website/e-safety\\_information/134588](http://www.loudwater.bucks.sch.uk/website/e-safety_information/134588)

## **First News**

The most recent issue of First News is also attached to the newsletter and can be found on the school website

[http://www.loudwater.bucks.sch.uk/website/school\\_closure\\_learning\\_at\\_home/466306](http://www.loudwater.bucks.sch.uk/website/school_closure_learning_at_home/466306)

## **Using the Health Service during COVID**

This is a message from Daniel Flecknoe, Consultant in Public Health, Bucks County Council

### **Message to parents on using health services during COVID**

Please remember, A&E services and your GP practice are still open during the coronavirus outbreak.

GP surgeries are not allowing patients to directly book face to face appointments at the moment, to help stop the spread of the virus. They are, however, more than happy to discuss your case over the phone and to offer advice and guidance. In some cases they may be able to consult by video link, using mobile phones. If clinically appropriate, they can invite you to attend the surgery for an appointment at an arranged time.

It is really important to stay well at this difficult time, so please contact your GP surgery if your child is poorly with any symptoms that cause you concern. With so much attention on coronavirus at the moment, we are aware you may be concerned your child has a different illness or may be living with a worrying condition like asthma or diabetes.

So, if you are worried, please call your surgery to arrange a telephone consultation, or you can use the AskNHS app to book a call-back if you are 16 or over. The [parent information form](#), produced by Barts Health and North-East London STP, gives very useful advice on when to use services like GPs, pharmacists, A&E and 999. This is reproduced at the end of the update.

All your health service staff are still there for you, even though they are having to do things a little differently. Please don't be afraid to use them if you are concerned about your child's health.

## **Support for you and your children from Bucks Mind**

At the end of the update we have reproduced a short story which was sent to us by Bucks Mind. The story is entitled 'The stay at home superheroes' and is a way of helping young children understand the need for us all to stay at home and what we can do to make this less challenging. We have also attached two newsletters from Mind; one is targeted at parents and the other at children – we hope you find something useful within them.

As I mentioned above new arrangements for submitting children's work to their teachers will be made available to you through the class pages of e-schools in the coming days. This is not a system we have used regularly before, so please bear with us if there are some initial glitches. If there is anything we can do to support you in supporting your child's learning at this time, please don't hesitate to contact the class teacher through e-schools or we will forward emails sent to [office@loudwater.bucks.sch.uk](mailto:office@loudwater.bucks.sch.uk). I know that we all recognise that keeping children's basic skills sharp at this time is important, however we certainly do not want to add any additional stress at this time.

Yours faithfully

*Clare Cunningham*

Mrs C Cunningham  
Head teacher

**Emails**

Please remember to check your emails as this is one of our preferred ways of contacting and informing our parents.

**Update**

As you are aware we have moved to sending out our update via email. Due to the GDPR, we are only able to continue sending out to those of you who have agreed, by email, for us to do so. If you know of anyone not receiving their weekly newsletter please make them aware of this procedure.

**Disclaimer**

From time to time we are asked by a range of organisations to give out leaflets. We always agree if we think this could be of interest or benefit to the children. However we do not endorse any of these organisations and parents should always check their credentials carefully to make sure children would be safe and well looked after.



# FOR PARENTS

## A SPECIAL COVID MESSAGE

When your child is ill or injured it is very difficult to decide if/when to call your child's GP, NHS 111 or go the Accident and Emergency Department (A&E). During the current situation and while the government is asking everyone to stay at home, it can be confusing to know what to do. Here is some guidance:



FOR ADVICE ON COVID-19 AND CHILDHOOD ILLNESSES/INJURIES VISIT [WWW.NHS.UK](http://WWW.NHS.UK)

Designed by primary and secondary care clinicians from Barts Health & North-East London STP

### YOU SHOULD GO TO A&E AND/OR CALL 999 IMMEDIATELY IF

#### APPEARANCE

- ▶ Pale/mottled/ashen/blue colour
- ▶ Collapsed/unresponsive/loss of consciousness
- ▶ No obvious pulse or heartbeat
- ▶ Severe allergic reaction

#### BEHAVIOUR

- ▶ Extreme irritability/pain/sleepiness (can be woken but falls asleep immediately)
- ▶ Seizure/jerking movements/fit

#### BREATHING

- ▶ Sucking in and out between ribs
- ▶ Flaring nostrils
- ▶ Extremely fast breathing
- ▶ Noisy breathing

#### OTHER

- ▶ Bleeding from an injury, that doesn't stop after 10 minutes of pressure

### YOU SHOULD GO TO A&E IF

#### APPEARANCE

- ▶ Dizziness/feeling faint
- ▶ Rash that does not fade when you press it

#### BEHAVIOUR

- ▶ Severe constant tummy pain

#### OTHER

- ▶ Burn
- ▶ Possible broken bone

#### OTHER

- ▶ Swallowed foreign objects (especially magnets/batteries)
- ▶ Temperature higher than 38°C in a baby younger than three months old
- ▶ Your child has special health care needs and you have a plan that tells you to go to A&E
- ▶ Feels abnormally cold to touch
- ▶ Expressing suicidal/significant selfharm thoughts

### YOU SHOULD CALL YOUR GP IF

#### APPEARANCE

- ▶ Mild/mod allergic reaction (known or suspected)
- ▶ New rash that fades when you press on it

#### BEHAVIOUR

- ▶ Mild irritability/sleepier than normal
- ▶ Severe tummy pain that comes and goes
- ▶ Vomiting and diarrhoea
- ▶ Not passed urine for more than 12 hours

#### BREATHING

- ▶ Wheezing/fast breathing

#### OTHER

- ▶ Temperature >39°C (age 3-12 months)
- ▶ Temperature over 38°C for more than 7 days
- ▶ Accidental overdose of medication or other substances
- ▶ Ear pain for more than 2 days
- ▶ Emotional distress, that can't be reassured

### YOU SHOULD CHECK WITH 111 OR YOUR COMMUNITY PHARMACIST IF

#### APPEARANCE

- ▶ Pink eyes/red eyes

#### BEHAVIOUR

- ▶ Ear pain for less than 2 days
- ▶ Mild tummy pain that comes and goes

#### BREATHING

- ▶ Cough
- ▶ Runny nose

#### OTHER

- ▶ Temperature over 38°C for less than 7 days

## The Stay Home Superheroes

Once upon a time there was a big, busy world. In this big, busy world there lived a little boy called William. William loved going to school to play with his friends, going to the park with his mum and going swimming with his dad.

But one day, everything started to change. William heard on the news that there was a Big Problem. This problem was so big that it started to spread over the whole world. All the grownups were talking about it. All the children were talking about it. In fact, every single person in the whole world was talking about it. Everyone started to feel worried and scared about the Big Problem.

Soon, the Big Problem caused some big changes. At first daddy stopped going to work, then mummy stopped taking him swimming, then he found out that school was cancelled and day by day the big, busy world he lived in got quieter and quieter and quieter.

William was confused. He felt scared too. He had so many questions. What was going on? Would it be OK? How could they stop the Big Problem?

He went to ask his mummy all of his big questions. "It's OK to be scared and worried, lots of other children feel that way, even adults feel scared too sometimes" she told him, giving him a BIG hug.

"But all of the very best, cleverest people in the whole world are working hard to fix the Big Problem right now" she explained.

This made him feel a little bit better. Surely the cleverest people in the world could find a way to fix it! But it was such a Big Problem, and he was still scared. He had to do something.

Mummy explained that there were lots and lots of special helpers working hard to save the world and stop the problem.

"Like superheroes?" said William.

"Just like superheroes." said mummy, smiling.

William wanted to be a superhero too. This was his chance! Super William to the rescue! He jumped up, ready to run outside and join all the other superheroes to fight off the Big Problem and save the world, but his mummy stopped him and locked the door.

"HEY! How can I help fight the Big Problem if I'm stuck inside?" he asked.

"Well, we DO need you to help. Everyone is going to have to help to solve this Big Problem. And YOU are going to have a very special job indeed. You are going to become a Stay Home Superhero!"

William had never heard of THAT kind of superhero before. Mummy told him that Stay Home Superheroes could help fight off the Big Problem by using their Stay Home Superpowers. But what were they? He tried so hard, but he didn't have super strength or super speed either. In fact, he felt exactly the same as before.



"The Big Problem can't be solved with super strength, or super speed. The Big Problem will only stop growing if all the new Superheroes use their Stay Home Superpower to stay at home. In fact, if all the new Stay Home Superheroes work together the Big Problem will get smaller, and smaller and smaller every single day, until it goes away!" mummy explained.

"But staying home is a boring superpower!" said William in a grump.

"Boring? No way! You have the superpower to make this fun! And staying home is how YOU can help to save the whole world- there's nothing more powerful than that!"

Just staying home and having fun could save the whole world? And he would be a real-life superhero? William started to feel excited. He started to feel powerful too! He couldn't wait to tell all his friends that they could turn into Stay Home Superheroes just like him!

William got to work quickly, using his Superhero creativity to think of all the fun things he could do at home. He made a long list with his mummy and daddy: pillow forts and cooking and games and dancing and puppet shows and singing and movies and MORE! Even better, William found out he could still play in the garden and go outside too, as long as he stayed away from all the superheroes who lived in different houses. They could wave to each other and wink, because they all knew the special job they were doing!

William did miss playing with his friends and going swimming and to the park. But then he remembered how important his new Superhero job was. He was helping to save the whole world and that made him feel so good inside. He was very proud of himself. Then he fired up his superpowers ready to find something fun to do. William the Stay Home Superhero and all his superhero friends worked hard together to help save the world, all without leaving their homes. And now you know, you can be a superhero too!

# LOVE LOUDWATER

## COVID 19 SUPPORT

keep this card somewhere handy  
the details may be useful



Coordinated by your parish church  
St Peter's Kingsmead Road/Treadaway Hill



If you become isolated and need help, contact us  
and we will try to help with

Shopping for food and essential items

Collecting medical supplies

Having a chat

Praying with and for you

Call **01628 308 372** or email **[love@loudwater.org](mailto:love@loudwater.org)**

All contact details will be saved electronically in St Peter's Church Office,  
will be used only in connection with supporting isolated neighbours during  
Covid-19 pandemic, and will be deleted by 1st April 2021